Council on Aging
December 4, 2024
Grange Hall, Town Hall lower level
9:30 AM

1. Meeting called to order at 9:20 AM. Present: Mary Dow, Jean Haight, Ron Mayer, Barbara Martin, Chuck Raffoni, Joan Simmons
2. The minutes from the November COA meeting were approved. Jean will forward to Sue Fayne for posting.
3. December 18th Holiday Luncheon: the GLRVT students and staff will arrive at 10:45. Bone Builders has been asked to start their exercise early to be finished by 11:15. John Crandall will arrive as Santa Claus. The final count will be needed by Wednesday, the 11th. Barbara will confirm.
4. How do we get more people involved – what are the options?
    a. Town website and e-alerts
    b. Clipboard at the Library
    c. Information posted at the Library?

What is best way to keep track of who signs up? Keep clipboard at the Library, and Jean will check on numbers prior to luncheons.

Bone builders is at capacity. Are there any options for more space?

5. Luncheon for January 8th (first one after the holidays). New Year's Party!
   Mary Dow will call Alana to see if she can cater.
6. Speakers or Entertainment: Lily Foss will come to visit the Senior luncheon (January 22nd) to give information if desired about adding an addition for a relative. She is the Liaison for resources for achieving this.
7. Library Use: no response has been received about the use of the Library when it is not normally open. It is hoped that Chair Yoga will continue in January.
8. Ron reported on free programs at the Groton Music Hall. There are several, held on Wednesdays. We discussed the April 16th date as a possibility. A suggestion was made to have brunch at the Grange Hall and then head to the Music Hall by 11. Seats will need to be reserved ahead of time. Chuck will reach out to the Fire Department to see if they will sponsor it.
9. Another option is to go the Concord Transitional Program to have lunch as a field trip.